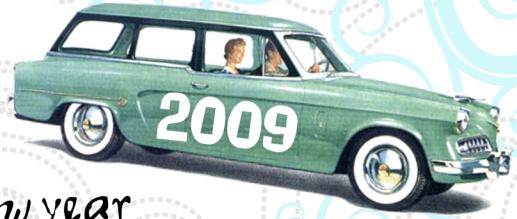


Hope for My New Year



And now let us welcome the New Year
Full of things that have never been
-Ranger Maria Rilke

Each new year we have an opportunity to pause; to see where we have been; to notice how far we have come; and to ponder how that journey has been for us and to reflect forward to our hope for the new year.

What words would describe '08 for you?

In your journey this past year what are some of the encouragements that have given you joy?

Take stock of your resources, ponder your heart's desires, renew your dreams as you set out on the journey ahead.

What name would you like to give this new year's journey? What shapes or colors would you like to see in your '09 journey?

What is your greatest desire for this coming year? (are your goals clearly attached to your vision, so that they take you toward your vision rather than away from it?)

As you stand on the threshold of 2009 how would you express the fears, excitement and hope you have?

Don't be shy about your hope for new year! Tell friends and family about it so they can support you
Your collage is a great start.

Be nice to yourself.

